## thrive.nel Update to Northeast Lincolnshire CCG Governing Body











car park



### **Executive Summary**

### Goals:

- ✓ Manage LTCs
- Reduce pressure on CCG and health system resources

### Progress to date:

- Running for 1 year and 3 months
- Wellbeing Star improvement and secondary care usage reduction above expectation
- GP engagement has been a challenge





### Thrive is a Social Impact Bond

Commissioned by NEL CCG and supported by just under £1.1million from

The Big Lottery Fund

Managed by Healthy Lives Together (a Limited Liability Partnership in conjunction with Bridges Outcomes Partnerships

Centre 4 is the main delivery partner and provides the link-worker roles

✓ A range of voluntary sector organisations deliver the social prescription



### **Project overview**

7 year programme

1,744 patients targeted with at least one of the following LTCs:

Atrial Fibrillation









# Case Study

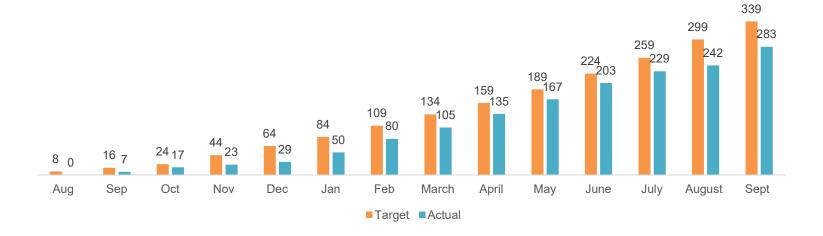
# a different prescription

It was such a relief to have someone to talk to that didn't judge and just wanted to help

# The Hub Model

### **Referral performance**

#### **Thrive Cumulative Referral Performance**



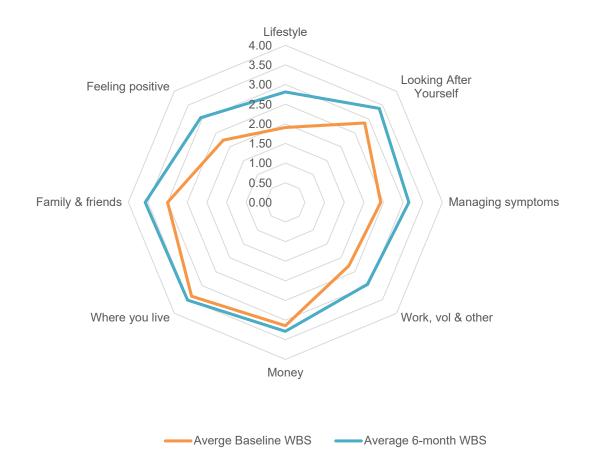
#### **Thrive Monthly Referral Performance**



# Outcomes

### The average 6-month wellbeing has improved more than 20%

### WBS 6 month change





Working with DSCRO and Primary Care to collect data on usage

Primary care usage reduction

- Working with SystmOne and EMIS to collect data
- Expecting first results by the end of the year

Secondary care usage reduction

- ✓ Working with DSCRO to collect data
- ✓ Too early to tell but initial results are encouraging

### **Outcomes**

Early indications show a reduction in usage of secondary care

COST OF INPATIENT ADMISSIONS																		
PRE - REFERRAL					POST REFERRAL					DIFFERENCE								
	DAYCASE	ELECTIVE		NON-ELECTIVE			DAYCASE		ELECTIVE		NON-ELECTIVE		D	AYCASE		ELECTIVE	NON	-ELECTIVE
£	7,136	£	-	£	36,254		£	-	£	-	£	2,999	£	7,136	£	-	£	33,255
£	-	£	-	£	1,508		£	-	£	-	£	-	£	-	£	-	£	1,508
£	922	£	4,110	£	33,753		£	-	£	-	£	798	£	922	£	4,110	£	32,954
£	9,799	£	1,062	£	10,147		£	514	£	-	£	1,889	£	9,285	£	1,062	£	8,258
£	-	£	4,283	£	22,498		£	2,200	£	-	£	5,734	-£	2,200	£	4,283	£	16,764
£	17,857	£	9,456	£	104,160		£	2,713	£	-	£	11,421	£	15,143	£	9,456	£	92,739
	No. OF INPATIENT ADMISSIONS																	
	PRE - REFERRAL					POST REFERRAL				DIFFERENCE								
	DAYCASE	EL	ECTIVE	NON	I-ELECTIVE		DA	YCASE	E	LECTIVE	NOM	N-ELECTIVE	D	AYCASE		ELECTIVE	NON	-ELECTIVE
	1		0		9			0		0		5		1		0		4
	0		0		1			0		0		0		0		0		1
	1		1		12			1		0		1		0		1		11
	30		1		3			1		0		1		29		1		2
	0		2		13			1		0		1		-1		2		12
	32	4		38				3		0		8		29		4		30



### **GP** referrals

Thrive had received, at the end of September:

73 GP referrals

213 self referrals

GP referrals help

- Identify patients that are eligible and will benefit from Thrive, which also helps retention
- Find groups of people in one area with similar conditions, allowing to create tailored interventions for a group of people
- Easily track and share back with GPs information around Primary
  Care usage after intervention

#### 

### **GP** referral statistics

Top 10 GP by Eligible Caseload							
GP Practise	Eligible	Referral	Self Referral				
ROXTON	3,321	3	21				
CLEE	2,191	2	11				
FIELDHOUSE	2,091	1	10				
SCARTHO	1,816	2	11				
BEACON	1,757	0	9				
WOODFORD	1,533	0	16				
PELHAM	1,474	2	13				
BIRKWOOD	1,331	1	12				
TAYLORS	1,065	0	4				
RAJ	974	38	24				

Top 10 GPs by Referral								
GP Practise	Eligible	Referral	Self Referral					
RAJ	974	38	24					
STIRLING	597	9	6					
Secondary Care & Other	0	6	4					
ROXTON	3,321	3	21					
CLEE	2,191	2	11					
SCARTHO	1,816	2	11					
PELHAM	1,474	2	13					
STIRLING	705	2	18					
QUAYSIDE	497	2	1					
OPEN DOOR	279	2	5					

### Stirling / Dr Kumar Pilot

- Link Workers have a room and access to patient records
- ✓ Focus on Diabetes: 243 eligible patients found
- ✓ 20 referrals made in 2 months
- Helping Thrive and GPs

# a different prescription

Your GP isn't the only person who can help you feel better



### Engagement campaign

- Radio presentations
- Leaflets and posters at all GPs
- ✓ Weekly visits and emails to all GPs /Practice Mangers
- ✓ Presentations to Care Navigators, Practice Nurses and GPs
- ✓ Weekly rotation of promotional banners in waiting areas
- ✓ Patient waiting area TV screens where possible

✓ Promotional video made with the help of the CCG comms team

# Questions?